

Harmony In Your Life...LEVEL 2 CONTINUED...

Level 2 values include your current strength of character. Your strength of character is influenced by you having established your own clear values for harmony with your environment. If you have not done this, you will struggle to be decisive and express what is right or wrong for you. If you have established what your values are, the important question we explore is, do you live by them? Where you do not, what causes this? What is the impact?

Your evaluation will also measure your degree of wisdom. Wisdom influences self-trust, your ability to rely on yourself, and trust yourself to act on what you feel you should do in any given situation. Your evaluation will also measure the degree to which you honestly and effectively communicate and more importantly, your desire to communicate honestly and effectively. This will include the degree to which you honestly communicate your needs and prioritise the needs of others. It will also measure the degree to which you are stuck in negative habits and therefore, engage in habit-based behaviour without conscious thought or relevance to a situation. Your evaluation will also explore whether you need more passion in your life and if you compromise your independence or are overly independent and much more.